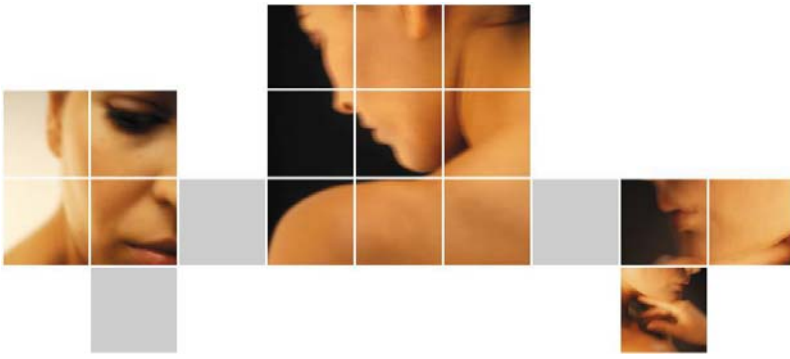


# Obagi Blue Peel

Image Cosmetic

Surgery Centre



## About the Obagi Blue Peel

When it comes to your skin, there are many reasons to get the blues—blemishes, acne scars, wrinkles, uneven pigmentation and sun damage, to name a few. If you want healthier, smoother looking skin, now there's a way to improve your complexion. It all starts with the Obagi Blue Peel<sup>®</sup>. If you'd like to find out more, look through the following information and ask one of our doctors if the Blue Peel is right for you.

### What is the Obagi Blue Peel?

The Obagi Blue Peel is an in-office procedure designed to significantly improve the appearance and health of your skin. Using a low concentration of the chemical trichloroacetic acid (TCA) mixed with a special blue base to slow penetration, the Blue Peel allows your doctor to monitor the appropriate depth to effectively remove the thin surface layers of aged and damaged skin from the face. These dead skin cells are replaced by healthier ones, allowing the skin's own clarity and tightness to resurface. The procedure is performed by one of our doctors, who has specialised training and experience with this highly effective peel.

### What does the procedure consist of?

The Blue Peel is a quick, relatively simple and tolerable procedure that in most cases does not require sedation, however sedation is available if suggested by the doctor or requested by the patient.

Application of the Blue Peel takes about 20 minutes, depending on the number of coats our doctor has determined are necessary to achieve your goals. You will experience a moderate burning sensation that lasts two to three minutes, our doctor uses an electric fan to minimise this sensation. Immediately after the procedure, a bluish tint remains on your skin, which will usually wash off in 12 to 24 hours. This will be explained to you in greater detail in consultation.

### What is unique about the Blue Peel?

Unlike alpha-hydroxy peels or other superficial procedures, the Blue Peel allows the doctor to control the depth of the peel and the number of coats applied in order to tailor the process to your skin's specific needs.

### How long is the recovery period?

After the procedure you will experience light swelling, and your skin will begin to peel within 2 to 3 days. This peeling will continue over the next several days and should be healed in an average of 7 to 10 days. This peeling should not disrupt your regular lifestyle for long, although you may want to limit your normal activity.

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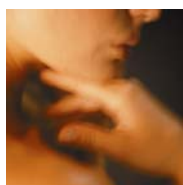
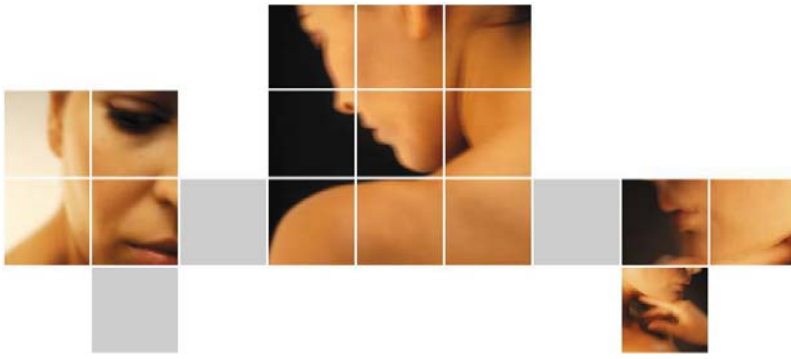


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# Obagi Blue Peel

(continued)

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## About the Obagi Blue Peel continued

### Can I apply makeup after a Blue Peel?

To best aid the recovery process, makeup should only be applied after the skin is completely healed.

### How will my skin look after recovery?

When your skin has completely finished peeling, you will immediately notice the results of your newly improved complexion. Your skin's appearance will continue to improve for the next 4 to 6 weeks, becoming firmer, clearer, smoother, healthier and more youthful looking.

### Can the Blue Peel be repeated for maximum results?

The doctor will tell you how many peels are necessary to give you the desired result. In most cases, one to three Blue Peels can achieve dramatic improvements in many skin problems. The peels can be performed in 6 to 8 week intervals until your desired goals are reached.

### How can I maintain the benefits of the Blue Peel?

Keeping your skin's new healthy glow and youthful appearance is an ongoing process. Speak to our doctor and therapist about a personalised skin care regime.

### What do I do to get started?

Take the opportunity to discuss the Obagi Blue Peel procedure with one of our doctors. He will help you determine whether the Blue Peel is right for you, and give you all the information you need to get started on the road to smoother, healthier, younger-looking skin. A personalised skin care regime will be recommended by one of our therapists to prepare your skin for 6 to 8 weeks prior to your peel.

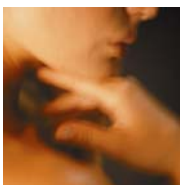


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